

3. The assembly of claim 1 where said supports are adjustable to enable said trough opening to be at an adjustable angle relative to said apparatus.

4. The assembly of claim 1 where said apparatus is a frame to which equipment that contains electronic components, or optical components, or both (electronic/optical equipment) is attached, a rack to which electronic/optical equipment is attached or on which electronic/optical equipment is placed, or an electronic/optical equipment module.

5. The assembly of claim 1 further comprising one or more detent components that are physical extensions of said trough element.

6. The assembly of claim 1 further comprising detent elements associated with said trough opening.

7. The assembly of claim 6 where said detent elements include flexible components.

8. The assembly of claim 1 further comprising one or more detent elements that are coupled to said trough element.

9. The assembly of claim 1 wherein said trough element is constructed to be pliable.

10. The assembly of claim 1 wherein said trough element includes slots in sides of said trough element to enable said trough element to be bent in a plane containing a long axis of said trough element and perpendicular to said sides.

11. The assembly of claim 1 where said trough element includes slots in bottom of said trough element to enable said trough element to be bent in a plane containing a long axis of said trough element and perpendicular to said bottom.